

## strawberry and avo salad

### INGREDIENTS

1	whole Ripe Avocado
20g	Fresh Rocket
20g	Mezzuna
60g	Baby Spinach
1/2	punnet Strawberries
50g	Pistachio nuts - Salted
1	whole Spring Onion
40ml	Balsamic Reduction
10ml	Extra Virgin Olive Oil
10ml	Lime Juice

### METHOD

Clean & cut your strawberries into halves, slice your spring onions lengthwise & de-shell your pistachios.

Clean & cut your avo into chunky slices. Dress the slices with the lime juice.

Wash & rinse your greens in icy cold water. Drain well.

In a mixing bowl, toss your washed greens, spring onions & dressed avocado slices gently in olive oil and transfer to two shallow salad dishes.

Top evenly with cut strawberry halves & pistachios.

Drizzle each salad with a generous amount of balsamic reduction and serve.